



Construction & Quarrying – Emergency First Aid at Work

Target Audience

This course is suitable for:

- Office based staff
- Some tradespeople
- Drivers

It is designed for situations which are lower risk and where there is easier access to the emergency services, and/or where the first aider is responsible for a relatively small number of people.

It remains the responsibility of the employer, business, organisation or self-employed individual to decide, via their first aid needs assessment, what the appropriate level of first aid provision is for a particular set of circumstances.

Standard EFAW Content

Note – The ‘standard’ EFAW content is delivered in a context appropriate to the construction and quarrying industries.

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 - the importance of preventing cross infection
 - the need for recording incidents and actions
 - use of available equipment
- Assess the situation in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation - CPR
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, small splinters and minor burns and scalds)

Construction & Quarrying Specific Content

In addition to the standard EFAW content the course will consider where necessary:

- Electrocution
- Crush Injuries
- Weil’s Disease

Additional topics can be included that are specific to a particular employer or workplace e.g. first aid actions for exposure to a particular chemical, etc.

“There have been significant reductions in the number and rate of injury over the last 20 years or more. Nevertheless, construction remains a high risk industry. Although it accounts for only about 5% of the employees in Britain it accounts for 27% of fatal injuries to employees and 10% of reported major Injuries”

– Source: www.hse.gov.uk





Construction & Quarrying – EFAW (cont.)

Assessment

- Continuous practical assessment undertaken throughout the duration of the course.
- 1 x 10 question multi-choice exam paper.

Delivery Options

Duration - The EFAW component of the course must comprise of a minimum of 6 contact hours typically delivered over one day. Current regulations stipulate that any additional industry specific content must be delivered outside of these 6 hours.

A typical EFAW course lasts approximately 7 hours i.e. 9.30am – 4.30pm (allowing time for breaks).

The 6 hours of the core EFAW syllabus need not be delivered in one day, in fact sessions of a minimum of 2 hours can take place over a period of up to 3 weeks. This allows us the flexibility to deliver courses around your workload and availability.

Venue - Our group booking rates exclude any venue costs. NPTA can arrange a suitable third party venue for your training at an additional cost, or organisations may provide their own venue.

Recognition - NPTA is accredited by ITC First Ltd who are the Awarding Organisation for our nationally recognised courses. ITC First Ltd is regulated by Ofqual and SQA.

Certificates - Additional wording on EFAW certificates is not permitted therefore successful candidates will receive:

- An EFAW certificate
- A letter detailing the context of the course and any additional content

Lifespan - The certificate is valid for a period of 3 years from the date of issue and can be renewed by completing a further 6 hour EFAW course before expiry of the original certificate.

The HSE recommends refresher training of a minimum of 3 hours annually.

“Clear concise instruction. All questions answered and dealt with. A very professional approach. Thanks.”

- I.H., Carlisle.

“Course was really informative. Trainer was helpful and kept everyone at ease.”

- P.L., Carlisle.

“Good information on relevant construction orientated injuries. Course was tailored more towards construction industry.”

- C.N., Lockerbie.



Course Fees

Individual Booking:

£ 60.00 + VAT approx.

Group Booking:

(maximum of 12 people)

£ 450.00 + VAT approx.

Due to the individually tailored nature of our courses these prices are for guidance only.

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Training & Adventure**

Ash Cleugh

Kellah

Haltwhistle

Northumberland

NE49 0JN

www.np-ta.com

info@np-ta.com

01434 320933

07803295021

