



Rural Estates – Emergency First Aid at Work

Target Audience

This course is suitable for:

- Shooting Ground Staff
- Machine Operators
- Gardeners
- Housekeeping Staff
- Countryside Managers

It is designed for lower risk situations, where there is easier access to the emergency services and/or where the first aider is responsible for a relatively small number of people.

It remains the responsibility of the individual estate, organisation, business or event organiser to decide via their first aid needs assessment what the appropriate level of first aid provision is for a particular set of circumstances.

Standard EFAW Content

Note – The ‘standard’ EFAW content is delivered in a context appropriate to rural estates and country sports.

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 - the importance of preventing cross infection
 - the need for recording incidents and actions
 - use of available equipment
- Assess the situation in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation - CPR
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, small splinters and minor burns and scalds)





Rural Estates – Emergency First Aid at Work (cont.)

Rural Estates & Country Sports Specific Content

In addition to the standard EFAW content the course will consider where necessary:

- Chainsaw Injuries
- Use of Haemostatic Agents (Celox, Quikclot, HemCon) and tourniquets (CAT)
- Crush Injuries
- Lyme Disease
- Hypothermia

This additional content also meets the EFAW+F criteria as specified by the Forestry Commission guidance on First Aid at Work.

Assessment

- Continuous practical assessment undertaken throughout the duration of the course.
- 1 x 10 question multi-choice exam paper.

Delivery Options

Duration - The EFAW component of the course must comprise of a minimum of 6 contact hours typically delivered over one day. Current regulations stipulate that any additional industry specific content must be delivered outside of these 6 hours.

A typical EFAW course lasts approximately 7 hours i.e. 9.30am – 4.30pm approximately (allowing time for breaks).

The 6 hours of the core EFAW syllabus need not be delivered in one day, in fact sessions of a minimum of 2 hours can take place over a period of up to 3 weeks. This allows us the flexibility to deliver courses around your workload and availability.

Venue - Our group booking rates exclude any venue costs. NPTA can arrange a suitable third party venue for your training or organisations may provide their own venue.

Recognition - NPTA is accredited by ITC First Ltd who are the Awarding Organisation for our nationally recognised courses. ITC First Ltd is regulated by Ofqual and SQA.

Certificates - Additional wording on EFAW certificates is not permitted therefore successful candidates will receive:

- An EFAW certificate
- A letter detailing the context of the course and any additional content

Lifespan - The certificate is valid for a period of 3 years from the date of issue and can be renewed by completing a further 6 hour EFAW course before expiry of the original certificate.

The HSE recommends refresher training of a minimum of 3 hours annually.



The British Association for Shooting and Conservation

TRADE MEMBER

Course Fees

Individual Booking:

£ 60.00 + VAT approx.

Group Booking:

(maximum of 12 people)

£ 450.00 + VAT approx.

Due to the individually tailored nature of our courses these prices are for guidance only.

NORTH PENNINES
TRAINING & ADVENTURE

**North Pennines
Training & Adventure**

Ash Cleugh

Kellah

Haltwhistle

Northumberland

NE49 0JN

www.np-ta.com

info@np-ta.com

01434 320933

07803295021

