



Rural Estates – First Aid at Work

Target Audience

This course is suitable for:

- Shoot Managers
- Gamekeepers
- Event Staff
- Estate Maintenance Staff

It is designed for higher risk situations, where access to the emergency services may be delayed and/or where the first aider is responsible for a greater number of people. It is the course of choice for those looking for a comprehensive workplace first aid training solution.

It remains the responsibility of the individual estate, organisation, business or event organiser to decide via their first aid needs assessment what the appropriate level of first aid provision is for a particular set of circumstances.

Standard FAW Content

Note – The ‘standard’ FAW content is delivered in a context appropriate to rural estates and country sports.

First 6 hours content covers EFAW.

On completion of training, successful candidates will be able to:

- Understand the role of the first aider including reference to:
 - the importance of preventing cross infection
 - the need for recording incidents and actions
 - use of available equipment
- Assess the situation in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation - CPR
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, small splinters and minor burns and scalds)

Further 12 hours content for FAW.

- Administer first aid to a casualty with:
 - injuries to bones, muscles and joints, including suspected spinal injuries
 - chest injuries
 - burns and scalds
 - eye injuries
 - sudden poisoning
- Recognise the presence of major illness and provide appropriate first aid
 - heart attack
 - stroke
 - asthma
 - diabetes
 - angina
 - epilepsy
 - anaphylaxis





Rural Estates – First Aid at Work (cont.)

Rural Estates & Country Sports Specific Content

In addition to the standard FAW content the course will consider where necessary:

- Chainsaw Injuries
- Use of Haemostatic Agents (Celox, Quikclot, HemCon) and tourniquets (CAT)
- Crush Injuries
- Lyme Disease
- Hypothermia
- Removal of PPE
- Hydraulic Fluid Injection Injuries

This additional content also exceeds the FAW+F criteria as specified by the Forestry Commission guidance on First Aid at Work.

Assessment

- Continuous practical assessment undertaken throughout the duration of the course.
- 3 x 10 question multi-choice exam papers.

Delivery Options

Duration - The FAW component of the course must comprise of a minimum of 18 contact hours typically delivered over three days. Current regulations stipulate that the additional industry specific content must be delivered outside of these 18 hours.

A typical FAW course lasts approximately 21 hours i.e. 3 days of 9.30am – 4.30pm (allowing time for breaks).

The 18 hours of the core FAW syllabus need not be delivered in only three days, in fact sessions of a minimum of 2 hours can take place over a period of up to 10 weeks. This allows us the flexibility to deliver courses around your workload and availability.

Venue - Our group booking rates exclude any venue costs. NPTA can arrange a suitable third party venue for your training or organisations may provide their own venue.

Recognition - NPTA is accredited by ITC First Ltd who are the Awarding Organisation for our nationally recognised courses. ITC First Ltd is regulated by Ofqual and SQA.

Certificates - Additional wording on FAW certificates is not permitted therefore successful candidates will receive:

- A FAW certificate.
- A letter detailing the context of the course and any additional content.

Lifespan - The certificate is valid for a period of 3 years from the date of issue and can be renewed by completing a 12 hour FAW Revalidation before expiry of the original certificate. HSE recommends refresher training of a minimum of 3 hours annually.



The British Association for Shooting and Conservation

TRADE MEMBER

Course Fees

Individual Booking:

£ 150.00 + VAT approx.

Group Booking:

(maximum of 12 people)

£ 1150.00 + VAT approx.

Due to the individually tailored nature of our courses these prices are for guidance only.

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